Colleen Slaughter | MBA , ACC, NCC
Giving Emerging Women Leaders the Tools to Reach Higher Levels

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COLLEEN SLAUGHTER

Authentic Leadership International

Thank you for listening in and participating in my interview on The *Unstoppable Confidence Summit*!

In an effort to help you get the most out of my interview on **Taking Risks and Making Bolder Moves**, I have created this summary sheet that addresses the main points of my interview. Enjoy and don't hesitate to contact me with questions or comments.

1. When and how I discovered my calling to empower women and serve women…

Most people would not assume that I grew up in a single parent household in Kentucky, but it's true. Those humble beginnings really are the start of my mission to empower women.

My mother was wise enough to know that education, confidence, and empowerment were the things that would propel me. Then, when you add the sort of work ethic that is developed when one comes from a 'working-class' family, it's amazing what can happen. For me, I took it to heart, truly. I was nicknamed 'Miss Independent', and I lived that truth. In living that truth, I chose to overcome the barriers that were before me. I moved to Europe (Paris), got my MBA, and took the initiative to build the life I dreamed of. And as I've grown and transitioned my mind-set form a place of being a 'have not' to a place of abundance and prosperity, I've seen such amazing transformations take place.

What are the key parts of *your* story that have shaped who you are today and what you can offer the world?

My Own Story has also shaped who I am Here are some key notes from it:

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2. My number one recommendation for building confidence to take risks and be bold…

Embody the powerful woman you _____ you are!
"Be yourself; everyone else is already taken." - Oscar Wilde

The more you practice acting from an _____ standpoint, the more you'll build your _____. Others will naturally start respecting you more, too.

You have to believe (really believe) to change your reality.

I KNOW I am…

_____

_____

_____

There will be times when you need to use your _____, and others where you'll be called to use your _____. Both are important.

A Few Things I Can Do Right Now to Build My Confidence Are:

_____

_____

_____

_____

_____

_____

_____

ANSWERS: KNOW, empowered, self-confidence, head, heart

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3. My best tip for women who want to become better leaders…

Don't _____.
"Don't compromise yourself - you're all you have." - John Grisham

Many women want to do the very best in every area of life – *home, work, and family*. In the process, sacrifices are often made. When you find yourself constantly making sacrifices, what happens?

When I sacrifice my needs or desires, I feel….

_____

_____

When I sacrifice my needs or desires, what happens to my life, my sense of self is…..

_____

_____

Change isn't an outward act, but an inward _____.

When you make _____._____, you really can achieve higher levels in every area of your life. Sometimes making a bold move means taking a risk, but over time, you'll see your _____.soar.

To Become A Better Bold Risk Taker, I Can:

_____

_____

_____

ANSWERS: sacrifice, journey, bold moves, confidence

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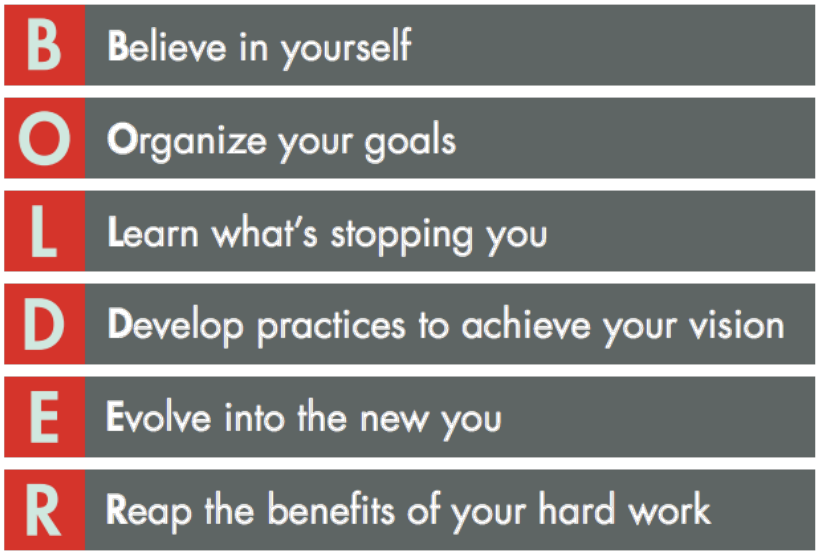
4. The unique transformation I offer women with my work…

The transformation provided women entrepreneurs through the BOLDER Blueprint is the opportunity to discover and explore what BOLD MOVES you wish to make and how you might achieve them.



I work with women to uncover what it is that you truly want from life and work, what you are passionate about and how you can align these to create higher levels of fulfillment and of success for yourself.

Is a lack of confidence, courage or clarity standing in *your* way?

Are you ready to make a change right now?

Apply for a complimentary (a $500 value!) **Bolder Moves Strategy session**:
BolderMoves.com/unstoppable-discovery

You will walk away knowing your best next bold move to make.

Only 10 sessions available!

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